



Llao Llao RESORT, GOLF & SPA, AN OASIS IN PATAGONIA FOR THE WHOLE FAMILY

The Llao Llao Resort, Golf & Spa offers an exclusive program of recreational activities geared to the entire family group in the different seasons.

Recreational activities are not only associated to Ski or the winter season. Llao Llao Resort boasts a unique infrastructure to provide all kinds of activities depending on the season and with an integrative approach for the whole family.

One of the fundamental activities in our program of recreational activities is the one that promotes contact with nature. Thus, the hotel offers a variety of walks:

- **AEROBIC WALK:** This is guided walk lasting 45 minutes
- **RECREATIONAL WALK:** organized daily by different circuits of low complexity, about one and a half hours long, accompanied by our coaches.
- **NORDIC WALK** allows guests to visit circuits around the hotel, using batons to help work the upper body and decrease the load on the joints of the lower body. These walks are 45 minutes long at an aerobic pace.
- **NATURALIST AND BIRDWATCHING WALK:** a low-difficulty hike lasting about 2 hours. You just need to be curious, wanting to feel, see, hear and enjoy beauty in its purest form. A naturalist interpreter accompanies our guests, describing the textures, colors and sounds and the different species of birds living near the hotel.
- **WALK TO MT. LOPEZ:** During the summer season, we offer a high-difficulty trekking circuit for the most trained guests.
- **BIKE TOUR:** these are bicycle tours, lasting 1 hour, with a complexity adapted to the level of the group. The hotel provides bikes, helmets and technical advice.

Activities in the Health Club

- Our exclusive Health Club offers fitness rooms with professional advice, exercise room, indoor heated pool, heated outdoor pool with internal access, whirlpool and sauna.

Llao Llao also offers different GYM CLASSES for its guests:

- Pilates Mat: the perfect balance and integration between body and mind. Pilates Studio has additional charge.
- Stretching: stretching of different muscle groups. 1 hour
- Yoga: Hatha Yoga
- Hidrogym
- Spinning
- Spherical Gym Ball: its goal is to stretch all muscle groups and improve joint

mobility.

Our guests can also have special Tango and Salsa lessons or choose to enjoy live shows.
Other Activities

- Archery lessons with our coaches, surrounded by incomparable beauty.
- Rappel.
- Nautical Activities: Llao Llao has a PRIVATE MARINA where guests can practice different water sports such as canoeing, kayaking (Sit on Top) or windsurfing, fly fishing and private fishing excursions. The Marina only operates during the summer season.

Llao Llao Golf

The hotel is famous for having one of the most exclusive and austral golf courses in the world, redesigned in 1994 by renowned architect Emilio Serra. The 18-hole Golf Course is surrounded by lakes Nahuel Huapi and Moreno among imposing mountains and ancient forests.

The course has a driving range and a large putting green. It is par 70 and has 3 par 5, 10 par 4 and 5 par 3 holes. The hotel offers private or group lessons in the majestic driving overlooking the lake.

For our younger guests

Every day in the Nahuelito's Kids Club activities include water games, rappelling, canoping, puppets and crafts, together with a tasty snack in the afternoon, all free of charge for guests.

The hotel has a play room with table tennis, pool tables, foosball tables, card games tables, board games and video games.

After spending an intense and fun day, at about 9 pm, the children can enjoy a menu and their favorite movie, in a space designed exclusively for them.

Llao Llao also offers babysitting services.

Special activities in Winter Season: SKI

Guests have complimentary shuttle service to and from the base of Mt. Catedral and exclusive access to the lounge located on the base, specially prepared to meet the needs of skiers staying at Llao Llao.

The recreation staff of Hotel awaits in the parking lot to accompany them to the Refugio Llao Llao. There, while enjoying a coffee, chocolate or an exclusive lunch, our Ski Concierge provides information about passes for lifts and gear rental for both ski or snowboard. They may also help you to get personalized instructors or group lessons.

For further information, visit www.llaollao.com

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